

Name: _____ Date: _____

Bachelor of Science - Health Science Studies - Pre-Occupational Therapy

A Suggested Sequence of Required Courses (2025-2026 Catalog)

Freshman Year			
Fall		Spring	
_____ 3	BIO 1305 <i>Modern Concepts of Bioscience</i>	_____ 3	BIO 1306 <i>Modern Concepts of Bioscience, continued</i>
_____ 1	BIO 1105 <i>Modern Concepts of Bioscience I Laboratory</i>	_____ 1	BIO 1106 <i>Modern Concepts of Bioscience Laboratory</i>
_____ 0	CHA <i>University Chapel</i> (And credit-bearing NSE)	_____ 0	CHA <i>University Chapel</i>
_____ 3	Choose 3 hours from the <i>Research, Writing & Distribution List</i>	_____ 3	CSS 1302 <i>Speech for Business & Professional Students</i>
_____ 3	HED 1350 <i>Dimensions of Health Science Studies</i>	_____ 3	HIS 1300 <i>The United States in Global Perspective</i>
_____ 3	MTH 1320 <i>Pre-Calculus Mathematics</i>	_____ 3	CHE 1301 <i>Basic Principles Of Modern Chemistry I</i>
	OR: MTH 1321 <i>Calculus I</i> (Pre-req for PHY)	_____ 1	CHE 1101 <i>General Chemistry Laboratory I</i>
_____ 3	REL 1310 <i>The Christian Scriptures</i> (Pre-req for REL 1350)	_____ 3	REL 1350 <i>The Christian Heritage</i>
Total: 16		Total: 17	
Sophomore Year			
Fall		Spring	
_____ 4	BIO 2401 <i>Anatomy & Physiology I</i>	_____ 4	BIO 2402 <i>Anatomy & Physiology II</i>
_____ 3	CLA 3381 <i>Medical Terminology</i>	_____ 3	Fine & Performing Arts (<i>see options below</i>)
_____ 3	Foreign Language & Cultures	_____ 3	Foreign Language & Cultures
_____ 3	Statistics (<i>see reverse</i>)	_____ 3	ENGL 2310 <i>American Literary Cultures</i>
_____ 3	SOC 1305 <i>Introduction to Sociology</i>	_____ 3	PSY 1305 <i>Psychological Science</i>
Total: 16		Total: 16	
Junior Year			
Fall		Spring	
_____ 3	Upper Level Supportive Elective (<i>Any 3000- or 4000-Level Course</i>)	_____ 3	Upper Level Supportive Elective (<i>Any 3000- or 4000-Level Course</i>)
_____ 3	Choose 3 hours from the <i>Research, Writing & Distribution List</i>	_____ 3	PSY 3341 <i>Survey of Human Development</i>
_____ 3	HHPR Restricted Elective (See reverse)	_____ 3	NSC 1306 <i>Introduction to Neuroscience</i>
_____ 4	PHY 1405 <i>Everyday Physics</i> OR	_____ 1	NSC 1106 <i>Introduction to Neuroscience Lab</i>
	PHY 1408 <i>Physics for Natural & Behavioral Sciences I</i>	_____ 3	RLS 4396 <i>Considerations for Diverse Populations in Leisure Programming</i>
_____ 3	PSY 3321 <i>Abnormal Psychology</i>	_____ 1	PUBH 1145 <i>Health and Human Behavior</i>
			GRE PREP / Take Exam
Total: 17		Total: 14	
Summer			
_____ 3	HP 4V79 <i>Internship in Human Performance</i> OR HED 4V80 <i>Study Abroad</i>		
Total: 3	(Departmental Approval Required)		
Senior Year			
Fall		Spring	
_____ 3	HHPR Restricted Elective (See reverse)	_____ 3	HHPR Restricted Elective (See reverse)
_____ 1	LF 11____, <i>Lifetime Fitness</i>	_____ 3	HHPR Restricted Elective (See reverse)
_____ 3	NUTR 2351 <i>Nutrition</i>	_____ 3	Upper Level Supportive Elective (<i>Any 3000- or 4000-Level Course</i>)
_____ 3	PSC 1387 <i>The U.S. Constitution, Interp. & the Amer. Pol Exp.</i>	_____ 3	Upper Level Supportive Elective (<i>Any 3000- or 4000-Level Course</i>)
_____ 3	HP 2306 <i>Anatomical Kinesiology</i> ("C" in HP 1420 required)	_____ 1	LF 11____, <i>Lifetime Fitness</i>
	or HP 2307 <i>Biomechanics</i>		
Total: 13		Total: 13	
Total Credit Hours = 124 hours		* All students must graduate with a minimum of 124 hours, 36 of which must be at the 3000/4000 level.	

Fine Arts and Performing Arts: Select one from ADM 1341, ART 1310, 1314, ARTH 1300, 2302, 2303, CLA 3315, CW 3300, 3340, FDM 1309, MST 4309, 4331, MUS 1321, 3321, 3322, 3323, 4364/ LAS 4364, THEA 1301, 1306

Research, Writing & Literature: ANT 1313, CLA 1304, 2301, 2302, 2306, ENG 1310, ENGL 2301, 2306, ENV 43C2, FRE 3312, 3315, GTX 1301, 2301, 2302, 3341 OR THEA 3341, HIS 2395, PHI 1301, 2303, 2305, PSC 2301, 3301, PWR 3300, 3318, REL 3301, 3305, 3308, SPA 3305, 3360

Please see reverse side for important information on general requirements.

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Health Science Studies - Pre-Occupational Therapy

Please check Undergraduate Catalog for more detailed pre-requisite information (BIO, CHE, ENG, HP)

***** Students who plan to apply to OT school bear ultimate responsibility for determining specific coursework required of the school *****

Basic Notes:

Anatomy & Physiology - Contact specific schools for preference

Statistics - Choose from the following courses

STA	1380 <i>Elementary Statistics</i>
STA	2381 <i>Introductory Statistical Methods - must earn "C" or better in MTH 1321</i>

HHPR Restricted Electives -

CSS	3304 Small-Group Communication
HED	3300 Clinical Skills Training and Assessment (Pre-requisite: HP 1420)
HED	4305 <i>A Biblical Theology of Suffering for Healthcare Practitioners</i>
HED	4360 <i>Service, Leadership, and Organizational Wellness in a Healthcare Career</i>
HP/HED	3311 <i>Essentials of Ethics in Healthcare</i> (Pre-requisites: REL 1310 & REL 1350)
HP	3330 <i>Research Methods and Design in Exercise Science</i>
HP	3368 <i>Adapted Human Performance</i>
HP	3382 <i>Risk Management in HHPR</i> (Cross-Listed as RLS 3382)
HP	4352 <i>Exercise and Sport Nutrition</i> (Pre-requisite: HP 2420) (Fall only)
HP	4354 <i>Tech Strength Train/Cond</i> (Pre-requisites: HP 2306 & HP 2420) (Fall only)
HP	4368 <i>Motor Learning and Development</i>
HP	4375 <i>Exercise Prescription in Health and Diseases</i> (Must request permit to register from Dr. Blalock)
PUBH	3320 <i>Stress Management / Mental Health</i> (Pre-requisite: Upper Level Standing)
PUBH	3325 <i>Maternal and Infant Health</i>
PUBH	4320 <i>Men's Health and Wellness</i>
PUBH	4321 <i>Human Sexuality</i> (Pre-requisite: Upper Level Standing)
PUBH	4327 <i>Dying and Death Education</i> (Pre-requisite: Upper Level Standing)
PUBH	4340 <i>Global Health</i> (Cross-Listed as NUR 4340)

Health, Human Performance Notes:

HP	2306 Pre-requisite: minimum grade of C in HP 1420
HP	2420 Pre-requisite: minimum grade of C in HP 1420
HP	2341 Pre-requisite - minimum grade of C in HP 1420
HP	4V79 Pre-requisite - Departmental approval required. 3-6 hours can be taken as approved by HHPR

Professional Field Experience: HP 4V79 Internship in Human Performance or HED 4V80 (Study Abroad). HED 4V80 may be used as a substitute for HP 4V79 or as a HHPR Restricted Elective. Students must have 60 hours earned and attend mandatory Internship meeting one year prior to field experience. Internships for academic credit must be approved by the program director and comply with University policy. The internship may be 3-6 credit hours.

Transfer students must have a cumulative GPA corresponding to the minimum requirements for each track.

Students who wish to change their major to Health Science Studies after completing course work at Baylor may do so only at the end of a full semester. Current HSS students wishing to change their HSS concentration can do so only during the eligibility period (at the end of a full semester). Students must have a cumulative GPA corresponding to the minimum requirements for each track:

Pre Medical/Dental	3.2 cumulative GPA
Pre Physician Assistant	3.2 cumulative GPA
Pre Physical Therapy	3.2 cumulative GPA
Pre Occupational Therapy	3.2 cumulative GPA
Pre Athletic Training	3.0 cumulative GPA
Health Professions	3.0 cumulative GPA

Retention in the Major/Concentration

Students whose cumulative GPA falls below the minimum requirement in any semester will be placed on probation for one semester. Students whose cumulative GPA falls below the required minimum for a second consecutive semester will be dismissed from their concentration and must select another major or alternative concentration for which they do have the minimum cumulative GPA.

Once a student is removed from a concentration requiring a 3.2 cumulative GPA (Pre-Medical/Pre-Dental, Pre-OT, Pre-PA, Pre-PT), they cannot return to any 3.2 concentration in the future, regardless of any cumulative GPA increase. If a student is dismissed from a concentration requiring a 3.0 cumulative GPA (Health Professions or Pre-Athletic Training), they are no longer eligible for the Health Science Studies major.

Students who do not successfully complete BIO 1305/BIO 1105 and BIO 1306/BIO 1106 (where required) with a C or better in two attempts will be dismissed from their concentration and must select another major or alternative concentration for which they do have the minimum cumulative GPA.