Date:				
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Bachelor of Science in Child and Family Studies - Pre-Occupational Therapy

A Suggested Sequence of Required Courses (2023-2024 Catalog)

	Freshman Year							
Fall	3 0 3 1 2	CFS 1315 Development of Individual and Family Relationships CHA Chapel ENG 1310 Writing and Academic Inquiry (Research, Writing and Literature I) HSD 1104 New Student Seminar in HSD (NSE) HSD 1231 Design and Creative Technologies (Fine Art and Performing Art) CHE 1300 Introductory Chemistry and CHE 1100 Introductory Chemistry Lab OR CHE 1301 Basic Principles of Modern Chemistry I and CHE 1101 General Chemistry Lab I (Scientific Method I)	Spring	3 0 3 3 3 3	CFS 2357 Adult Development CHA Chapel ENG 2310 American Literary Cultures HIS 1300 The United States in Global Perspective STA 1380 Statistics (Formal Reasoning) REL 1350 The Christian Heritage			
T-4-1	3	REL 1310 The Christian Scriptures	T-4-1.	15				
Total:	16	Sophomore	Total:	15				
Fall		30 p 11 0 111 0 1 e	Spring					
	3 4 3 3	CFS 2355 Child Development BIO 2401 Anatomy and Physiology I NUTR 3314 Consumer Nutrition (Scientific Method I) SOC 1305 Introduction to Sociology OR PSY 1305 Psychological Science (Contemporary Social Issues) Foreign Language and Cultures		3 4 3 3	CFS 3304 Introduction to Research BIO 2402 Anatomy and Physiology II PSC 1387 The U.S. Constitution, It's Interpretation, and the Am Pol Exp. Foreign Language and Cultures)			
Total:	16		Total:	16				
		Junior Yea	a r					
Fall	3 3 4 3	CFS 3354 Family Life Education (Comm and Media Lit) (Fall only) CFS 3356 Theories of Family Development CFS Development Course (see reverse for options) PHY 1405 General Physics for B.A. Students (Spring only) or PHY 1408** PWR 3300 Technical Writing (Research, Writing and Literature II)	Spring	3 3 3 3 1	CFS 3324 Children and Families with Special Needs CFS Development Course (see reverse for options) CLA 3381 Medical Terminology HP 2307 Biomechanics OR HP 2306 Anatomical Kinesiology PSY 3341 A Survey of Human Development Lifetime Fitness* (see note below)			
Total:	16	0 , 17	Total:	16				
Fall Total:	3 3 3 3 1	CFS 4359 Parenting Theory and Approaches CFS 3350 Individual and Family Financial Management CFS 4191 Professional Practices in CFS Professional Elective (see reverse for options) Professional Elective (see reverse for options) Lifetime Fitness* (see note below)	Spring Spring Total:	3 3 3 2 2 1	CFS 4358 Planning and Admin. of Child and Family Programs CFS 4390 Child and Family Studies Practicum CFS 4367 Family Transitions, Stress, & Resilience (Spring only) General Elective Elective hours if needed to reach 124 (due to language) Lifetime Fitness* (see note below) TOTAL: 124 HOURS (124-126)			
			All students must graduate with a minimum of 124 hours,					

Notes about major requirements:

A grade of "C" or better in Human Sciences and Design Courses (ADM, CFS, HSD, ID, or NUTR) and all professional electives used for the major An approved, on-site internship is required following the completion of prerequisite courses.

The required, for-credit course, CFS 4390 (listed above), provides credit for the internship experience.

Students interested in applying to Occupational Therapy programs should review the prerequisite course requirements as each OT program will vary in their expectations.

- *Lifetime Fitness Either PUBH 1145 or PPS 1100 may be substituted for one LF course
- ** PHY 1406 requires MTH 1320 as a pre-requisite or MTH 1321 as a co-requisite

Notes about General Requirements:

- Please keep in mind that this is only a suggested sequence. Actual sequence will vary according to possible second major, minor, other program of study (including pre-health), and individual circumstances (ex., transfer credit, dual credit, and credit by exam).
- In order to complete your degree, you must fulfill all requirements in your major and general requirements for the Robbins College Bachelor of Science.
- To complete a double major, you may not count any courses toward both majors.
- For more specific information on general requirements, see the undergraduate catalog.
- Check your degree audit often through Bearweb to ensure that you are making timely progress toward your degree.

Pre-Occupational Therapy - CFS Development Course Options (Choose only 2 of the following CFS Development Courses)

CFS 3358 Infant & Toddler Development

CFS 3357 The Preschool Child (Spring 2023 updates to CFS 3368 Theory and Principles of Play)

CFS 4363 Adolescent Development

Professional Elective Options - Select 6-7 hours from the following:

Any additional 3000-4000 level CFS course

LS 3305 Children's Literature

LS 4320 Young People's Literature (Spring only)

PUBH 3325 Maternal and Infant Health

PUBH 4321 Human Sexuality

PUBH 4327 Dying and Death Education

REL 4395 Bioethics

SOC 3305 Introduction to Gerontology

SOC 3402 Social Statistics

SOC 4310 Death and Dying (Spring only)

SOC 4353 Sociology of Medicine (Fall only)

SWO 4316 Trauma, Loss and Mourning (Spring only)

Bolded electives are those most recommended by the Child and Family Studies program for students in the Pre-OT concentration.