

BS in Nutrition Science Pre-Health Concentration					
<i>A Suggested Sequence of Required Courses (2023-2024 Catalog)</i>					
F r e s h m a n Y e a r					
Fall			Spring		
	4	NUTR 1401 <i>Intro to Food Science</i>		0	Chapel
	0	Chapel		3	HIS 1300 <i>US in Global Perspective</i>
	3	ENG 1310 <i>Writing & Academic Inquiry</i>		3	REL 1350 <i>The Christian Heritage</i>
	3	REL 1310 <i>The Christian Scriptures</i>		4	CHE 1302/1102 <i>Basic Prin Mod Chem 2</i>
	4	CHE 1301/1101 <i>Basic Principles Mod Chem (Sci Method 1)</i>		3	CFS 1315 <i>Dev Indiv/Family Relationships</i> or CFS 4356
	1	HSD 1104 <i>New Student Seminar in HSD (NSE)</i>		3	PSY/SOC/ANT (<i>Contemp. Social Issues - see options below</i>)
Total:	15		Total:	16	
S o p h o m o r e Y e a r					
Fall			Spring		
	3	NUTR 2351 <i>Nutrition (Sci Method 2)</i>		3	NUTR 2380 <i>Intro to Food Delivery Systems</i>
	4	BIO 1305/1105 <i>Mod Concepts Bioscience</i>		4	BIO 1306/1106 <i>Mod Concepts Bioscience Cont.'d</i>
	3	STA 1380 or 2381 (<i>Formal Reasoning</i>)		4	CHE 1341/1146* <i>Introductory Organic Biochem.</i>
	3	Foreign Language & Cultures			or CHE 3332/3238 <i>Organic Chem 2/lab</i>
	1	NUTR 2101 <i>Intro to Profession of Nutrition/Dietetics</i>		3	PSC 1387 <i>US Constitution</i>
	1	Lifetime Fitness		3	ENG 2310 <i>American Literary Cultures</i>
Total:	15		Total:	17	
J u n i o r Y e a r					
Fall			Spring		
	3	NUTR 3351 <i>Nutrition Counseling/Education</i>		3	Concentration Course (<i>see options below</i>)
	3	Concentration Course (<i>see options below</i>)		3	CFS 3350 <i>Indiv & Family Financial Mgt.</i>
	3	CHE 3341* (<i>Fall only; prereq to NUTR 4387</i>) or CHE 4341 & CHE 4342 (<i>Biochem & Topics in Biochem</i>)		3	Concentration Course (<i>see options below</i>)
	4	BIO 2401 <i>Human Anatomy & Physiology (Motion/Innerv.)</i> or BIO 3322 <i>Human Physiology</i>		4	BIO 1302/1102 <i>Introductory Microbiology</i> or BIO 4302/4102 <i>General Microbiology</i>
	3	ENG 2301 or 2306 (<i>Research, Writing & Lit Req.</i>)		4	BIO 2402 <i>Human Anatomy & Physiology (Metab./Processing)</i> (<i>not required if BIO 3322 taken</i>)
	1	NUTR 3188 <i>Intro to the Nutrition Care Process</i>			
Total:	17		Total:	17	
S e n i o r Y e a r					
Fall			Spring		
	3	NUTR 3388 <i>Intro to Med Nutr Therapy (NUTR 3188 prereq)</i>		3	Concentration Course (NUTR 4388* recommended)
	3	Concentration Course (<i>see options below</i>)		3	NUTR 4351 <i>Life Cycle Nutrition*</i>
	3	Communication & Media Literacy (<i>see options below</i>)		3	Concentration Course (<i>see options below</i>)
	2,3	Fine Arts & Performing Arts (<i>see options below</i>)		3	MGT 3301 <i>Managing People in Organizations</i>
	1	Lifetime Fitness		0-3	General Elective (if needed, to reach 124+ total hours)
				1	Lifetime Fitness
Total:	12-13		Total:	13-16	
			Total:	124 hours	
Notes about major requirements:					
Students must have a cumulative GPA of 2.5 or above to declare the Nutrition Sciences major.					
* Indicates the course is offered only that semester (Fall only or Spring only).					
A grade of "C" or better is required in all courses used to complete the degree plan.					
The Pre-Health Care Concentration requires 18 hours of Concentration Coursework: Choose from NUTR 4352 (F), 4386 (S), 4387 (S), 4388 (S); CFS 2355, 3358, 4363, MH 4372, 4382, PUBH 3325, 3351, 4327, HP 3312. Note: Some courses are only offered Fall (F) or Spring (S). All prerequisites must be met.					
Contemporary Social Issues: Select from ANT 1306, 1325, 3320, 4311, PSY 1305, 3321, 3341, SOC 1305, 3311					
Communication & Media Literacy: Select one from CSS 1301, 1302 CFS 3354, FDM 1303, 4340, JOU 1303, 3387, 4305, 4380, PWR 2314					
Fine Art & Performing Art: Select one from ADM 1241, ARTH 1300, 2302, 2303, ART 1310, 1314, CLA 3315, ENG 3304, 3306, HSD 1231, FDM 1309, ID 2375, 2395, MUS 1321, 3321, 3322, 3323, 4364, LAS 4364, THEA 1301, 1306					