

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Bachelor of Science in Education - Health, Kinesiology & Leisure Studies (HKLS)

### A Suggested Sequence of Required Courses (2021-2022 Catalog)

#### Freshman Year

Fall	Spring
_____ 0 CHA 1088 <i>Chapel</i>	_____ 0 CHA 1088 <i>Chapel</i>
_____ 3 ENG 1310 <i>Thinking, Writing &amp; Research</i>	_____ 3 Computer Science* (see reverse)
_____ 2-3 Fine Art* (see reverse)	_____ 3 ENG 2301 <i>British Literature</i>
_____ 3 Mathematics* (see reverse)	_____ 3 REL 1350 <i>The Christian Heritage</i>
_____ 1 LF 1134 <i>Fitness Theory and Practice</i>	_____ 3 General Elective*** (see reverse)
_____ 3 REL 1310 <i>The Christian Scriptures</i>	_____ 3 History* (see reverse)
_____ 3 SOC 1305 <i>Introduction to Sociology</i>	_____ 1 PUBH 1145 <i>Health and Human Behavior</i>
<b>Total: 15-16</b>	<b>Total: 13</b>

#### Sophomore Year

Fall	Spring
_____ 3 CSS 1301 <i>Fundamentals of Public Communication</i> or CSS 1302 <i>Speech for Business and Prof. Students</i>	_____ 3 ENG 2310 <i>American Literature</i> or
_____ 3 ENG 2306 <i>World Literature</i>	_____ 3 PSY 1305 <i>Introduction to Psychology</i>
_____ 2 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 3 History* (see reverse)	_____ 3 General Elective** (see reverse)
_____ 4 HP 1420 <i>Human Anatomy</i>	_____ 4 Laboratory Science* (see reverse)
_____ 1 LF 11__* (see reverse)	_____ 1 LF 11__* (see reverse)
<b>Total: 16</b>	<b>Total: 17</b>

#### Junior Year

Fall	Spring
_____ 3 HKLS Elective** (see reverse)	_____ 3 HKLS Elective** (see reverse)
_____ 3 PUBH Elective** (see reverse)	_____ 3 PUBH Elective** (see reverse)
_____ 3 PSC 1387 <i>The U.S. Constitution, Interp, Am Pol Exp</i>	_____ 3 General Elective*** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
<b>Total: 15</b>	<b>Total: 15</b>

#### Senior Year

Fall	Spring
_____ 3 HKLS Elective** (see reverse)	_____ 3 HP Elective** (see reverse)
_____ 3 HP Elective** (see reverse)	_____ 3 HP Elective** (see reverse)
_____ 3 PUBH Elective** (see reverse)	_____ 3 RLS Elective** (see reverse)
_____ 3 RLS Elective** (see reverse)	_____ 3 RLS Elective** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
<b>Total: 15</b>	<b>Total: 15</b>

*All students must graduate with a minimum of 124 hours,  
36 of which must be at the 3000/4000 level.*

**Please see reverse side for important information on general requirements.**

**Updated 4/2021**

## Health, Kinesiology, and Leisure Studies Notes

### \*General Requirements Notes

Computer Science - Choose one course from the following courses - 3 hours		
BUS	1305	Software Applications for Personal Productivity
CSI	1430	Introduction to Computer Science I with Laboratory
CSI	3303	Information Technology

**Fine Art** Choose any courses with the prefix ART, ARTH, THEA, MUEN, or MUS - 2-3 hours

**History** Choose any two history courses - 6 hours

**Laboratory Science** Choose any Biology, Chemistry, Environmental Science, Geology or Physics course (must include lab) - 4 hours

**Lifetime Fitness Activity Courses** Marching Band and Aerospace studies may substitute for these courses - 2 hours

**Mathematics** Choose any mathematics or statistics course - 3 hours

### \*\*Major Notes:

Grade Point average: Minimum of 2.00 ("C") in the major

PUBH Electives (Choose any 3 of the following courses)		
PUBH	2313	Consumer Health
NUTR	2351	Nutrition or
NUTR	3314	Consumer Nutrition
PUBH	3314	Environmental Health (summer only)
PUBH	3317	Mood-Modifying Substances
PUBH	3320	Stress Management/Mental-Emotional Health
PUBH	4321	Human Sexuality
PUBH	4327	Dying and Death Education
Additional PUBH courses as approved by program director		

HP Electives (Choose any 3 of the following courses)		
HP	2304	Advanced First Aid
HP	2306	Anatomical Kinesiology
HP	2420	Exercise Physiology
HP	3346	Elementary School Physical Education
HP	3368	Adapted Physical Education (fall only)
HP	3381	Fundamentals of Human Performance (fall only)
HP	3382	Risk Management in HHPR (spring only)
HP	4368	Motor Learning and Development (spring only)
HP	4369	Sports Psychology
HP	4370	Successful Coaching (fall only)
HP	4393	Facilities and Equipment in HHPR
HP	4396	Religion and Sport
other HP courses as approved by program director		

RLS Electives (Choose any 3 of the following courses)		
RLS	1396	Introduction to Leisure Services
RLS	2301	Camp Counseling and Administration (fall only)
RLS	2388	Leisure and Lifestyle Well-Being (fall only)
RLS	2389	Leadership & Facilitation in Leisure Services (fall only)
RLS	3301	Theory and Practice of Outdoor Adv. Program (spring only)
RLS	3302	Program Planning in Leisure Services (fall only)
RLS	3382	Risk Management in HHPR (spring only)
RLS	4301	Outdoor Education (fall only)
RLS	4331	Meanings, Culture, and Philosophy of American Landscapes (spring only)
RLS	4391	Leisure Service Management (fall only)
RLS	4393	Facilities and Equipment in HHPR
RLS	4395	Principles of Church Recreation (spring only)
RLS	4396	Considerations for Diverse Populations in Leisure Programming (spring only)

RLS courses as approved by program director

### HKLS Electives (Choose 9 hours of any PUBH, HP, or RLS courses)

Any PUBH, HP, or RLS course. Students should use these courses to explore other areas that are not already included in the options above.

### \*\*\*General Electives Notes:

31-32 semester hours to be taken from any academic unit in the University excluding LF courses. Up to 9 hours of 3000-4000 level PUBH, HP, or RLS courses may apply. Minor courses can be incorporated into elective credits. Because of the number of electives, there is often enough room for a minor with this major.

Where is English, Psy and Soc, PSC, Math, or are there no notes?

Please add other PUBH, HP, OR RLS courses must be approved by program director before the student takes the course.