

Name: _____

Date: _____

Bachelor of Science in Education - Health, Kinesiology & Leisure Studies (HKLS)

A Suggested Sequence of Required Courses (2019-2020 Catalog)

Freshman Year

Fall	Spring
_____ 0 CHA 1088 <i>Chapel</i>	_____ 0 CHA 1088 <i>Chapel</i>
_____ 3 ENG 1302 <i>Thinking and Writing</i>	_____ 3 Computer Science* (see reverse)
_____ 2-3 Fine Art* (see reverse)	_____ 3 ENG 1304 <i>Thinking, Writing & Research</i> or ENG 3300 <i>Technical Writing</i>
_____ 3 Mathematics* (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 1 LF 1134 <i>Fitness Theory and Practice</i>	_____ 3 History* (see reverse)
_____ 3 REL 1310 <i>The Christian Scriptures</i>	_____ 1 PUBH 1145 <i>Health and Human Behavior</i>
_____ 3 SOC 1305 <i>Introduction to Sociology</i>	_____ 3 REL 1350 <i>The Christian Heritage</i>
Total: 15-16	Total: 16

Sophomore Year

Fall	Spring
_____ 3 CSS 1301 <i>Fundamentals of Public Communication</i> or CSS 1302 <i>Speech for Business and Prof. Students</i>	_____ 3 ENG 2304 <i>American Literature</i> or ENG 2306 <i>World Literature</i>
_____ 3 ENG 2301 <i>British Literature</i>	_____ 3 General Elective*** (see reverse)
_____ 2 General Elective*** (see reverse)	_____ 3 General Elective** (see reverse)
_____ 3 History* (see reverse)	_____ 4 Laboratory Science* (see reverse)
_____ 4 HP 1420 <i>Human Anatomy</i>	_____ 1 LF 11__*(see reverse)
_____ 1 LF 11__* (see reverse)	_____ 3 PSY 1305 <i>Introduction to Psychology</i>
Total: 16	Total: 17

Junior Year

Fall	Spring
_____ 3 HKLS Elective** (see reverse)	_____ 3 HKLS Elective** (see reverse)
_____ 3 PUBH Elective** (see reverse)	_____ 3 PUBH Elective** (see reverse)
_____ 3 PSC 2302 <i>American Constitutional Development</i>	_____ 3 General Elective*** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
Total: 15	Total: 15

Senior Year

Fall	Spring
_____ 3 HKLS Elective** (see reverse)	_____ 3 HP Elective** (see reverse)
_____ 3 HP Elective** (see reverse)	_____ 3 HP Elective** (see reverse)
_____ 3 PUBH Elective** (see reverse)	_____ 3 RLS Elective** (see reverse)
_____ 3 RLS Elective** (see reverse)	_____ 3 RLS Elective** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
Total: 15	Total: 15

*All students must graduate with a minimum of 124 hours,
36 of which must be at the 3000/4000 level.*

Please see reverse side for important information on general requirements.

Updated 8/2019

Health, Kinesiology, and Leisure Studies Notes

*General Requirements Notes

Computer Science - Choose one course from the following courses - 3 hours		
BUS	1305	<i>Software Applications for Business Productivity and Decision Making</i>
CSI	1430	<i>Introduction to Computer Science I with Laboratory</i>
CSI	3303	<i>Information Technology</i>

Fine Art	Choose any courses with the prefix ART, THEA, MUEN, or MUS - 2-3 hours
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History	Choose any two history courses - 6 hours
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Laboratory Science	Choose any Biology, Chemistry, Environmental Science, Geology or Physics course (must include lab) - 4 hours
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Lifetime Fitness Activity Courses	Marching Band and Aerospace studies may substitute for these courses - 2 hours
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Mathematics	Choose any mathematics or statistics course - 3 hours
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**Major Notes:

Grade Point average: Minimum of 2.00 ("C") in the major

PUBH Electives (Choose any 3 of the following courses)		
PUBH	2313	<i>Consumer Health</i>
NUTR	2351	<i>Nutrition or</i>
NUTR	3314	<i>Consumer Nutrition</i>
PUBH	3314	<i>Environmental Health (summer only)</i>
PUBH	3317	<i>Mood-Modifying Substances</i>
PUBH	3320	<i>Stress Management/Mental-Emotional Health</i>
PUBH	4321	<i>Human Sexuality</i>
PUBH	4327	<i>Dying and Death Education</i>
PUBH	4331	<i>Intervention Design in Health Education (fall only)</i>

HP Electives (Choose any 3 of the following courses)		
HP	2304	<i>Advanced First Aid</i>
HP	2306	<i>Anatomical Kinesiology</i>
HP	2420	<i>Exercise Physiology</i>
HP	3346	<i>Elementary School Physical Education</i>
HP	3368	<i>Adapted Physical Education (fall only)</i>
HP	3381	<i>Fundamentals of Human Performance (fall only)</i>
HP	3382	<i>Risk Management in HHPR (spring only)</i>
HP	4368	<i>Motor Learning and Development (spring only)</i>
HP	4369	<i>Sports Psychology</i>
HP	4370	<i>Successful Coaching (fall only)</i>
HP	4393	<i>Facilities and Equipment in HHPR</i>
HP	4396	<i>Religion and Sport</i>

RLS Electives (Choose any 3 of the following courses)		
RLS	1396	<i>Introduction to Leisure Services</i>
RLS	2301	<i>Camp Counseling and Administration (fall only)</i>
RLS	2388	<i>Leisure and Lifestyle Well-Being (fall only)</i>
RLS	2389	<i>Leadership & Facilitation in Leisure Services (fall only)</i>
RLS	3301	<i>Theory and Practice of Outdoor Adv. Program (spring only)</i>
RLS	3302	<i>Program Planning in Leisure Services (fall only)</i>
RLS	3382	<i>Risk Management in HHPR (spring only)</i>
RLS	4301	<i>Outdoor Education (fall only)</i>
RLS	4331	<i>Meanings, Culture, and Philosophy of American Landscapes (spring only)</i>
RLS	4391	<i>Leisure Service Management (fall only)</i>
RLS	4393	<i>Facilities and Equipment in HHPR</i>
RLS	4395	<i>Principles of Church Recreation (spring only)</i>
RLS	4396	<i>Considerations for Diverse Populations in Leisure Programming (spring only)</i>

HKLS Electives (Choose 9 hours of any PUBH, HP, or RLS courses)

Any PUBH, HP, or RLS course. Students should use these courses to explore other areas that are not already included in the options above.

***General Electives Notes:

31-32 semester hours to be taken from any academic unit in the University excluding LF courses. Up to 9 hours of 3000-4000 level PUBH, HP, or RLS courses may apply. Minor courses can be incorporated into elective credits. Because of the number of electives, there is often enough room for a minor with this major.