

Name: _____

Date: _____

Bachelor of Science in Education - Health, Kinesiology & Leisure Studies (HKLS)

A Suggested Sequence of Required Courses (2018-2019 Catalog)

Freshman Year

Fall	Spring
_____ 0 Chapel (CHA 1088/UNV 1000)	_____ 0 Chapel (CHA 1088)
_____ 1 PUBH 1145 <i>Health and Human Behavior</i>	_____ 3 History* (see reverse)
_____ 3 REL 1310 <i>The Christian Scriptures</i>	_____ 3 REL 1350 <i>The Christian Heritage</i>
_____ 3 SOC 1305 <i>Introduction to Sociology*</i> (see reverse)	_____ 3 Computer Science* (see reverse)
_____ 3 MTH 1301 <i>Ideas in Mathematics*</i> (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 3 ENG 1302 <i>Thinking and Writing</i>	_____ 3 ENG 1304 <i>Thinking, Writing and Research</i>
_____ 2-3 Fine Arts (art, music or theater arts)	_____ 1 LF 1134 or HP 2102
Total: 15-16	Total: 16

Sophomore Year

Fall	Spring
_____ 3 ENG 2301 <i>British Literature</i>	_____ 3 PSY 1305 <i>Introduction to Psychology</i>
_____ 3 CSS 1301 or 1302 <i>Public Communication</i>	_____ 4 Laboratory Science* (see reverse)
_____ 4 HP 1420 <i>Human Anatomy</i>	_____ 3 HHPR Elective** (see reverse)
_____ 3 History* (see reverse)	_____ 3 ENG 2304 OR 2306 <i>American Lit. or World Lit.</i>
_____ 2 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 1 LF 11__	_____ 1 LF 11__
Total: 16	Total: 17

Junior Year

Fall	Spring
_____ 3 PUBH Elective** (see reverse)	_____ 3 PUBH Elective** (see reverse)
_____ 3 HP Elective** (see reverse)	_____ 3 HP Elective** (see reverse)
_____ 3 RLS Elective** (see reverse)	_____ 3 RLS Elective** (see reverse)
_____ 3 HHPR Elective** (see reverse)	_____ 3 HHPR Elective** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
Total: 15	Total: 15

Senior Year

Fall	Spring
_____ 3 PUBH Elective** (see reverse)	_____ 3 PSC 2302 <i>American Constitutional Devp't</i>
_____ 3 HP Elective** (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 3 RLS Elective** (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
_____ 3 General Elective*** (see reverse)	_____ 3 General Elective*** (see reverse)
Total: 15	Total: 15

*All students must graduate with a minimum of 124 hours,
36 of which must be at the 3000/4000 level.*

Please see reverse side for important information on general requirements.

Updated 05/2017

HKLS in HHPR Notes

* Basic Notes:

Computer Science - Choose from the following courses

BUS 1305 *Intro. to Inform. Technology & Processing*
CSI 1430 *Intro. to Computer Science I with Lab.*
CSI 3303 *Information Technology*

History - Choose from the following courses

HIS 1305 *World History thru the Fourteenth Century* HIS 2365 *History of the United States to 1877*
HIS 1306 *World History from 1400-1750* HIS 2366 *History of the United States since 1877*
HIS 1307 *Modern World Civilization since 1750*

Laboratory Science - Choose from the following courses

BIO 1401 *General Biology* GEO 1402 *World Oceans*
CHE 1405 *Chemistry and Society* GEO 1403 *Environmental Geology*
ENV 1301 *Introduction to Environmental Studies* GEO 1405 *The Dynamic Earth*
AND ENV 1101 *Env. Studies Lab* PHY 1405 *General Physics*
GEO 1401 *Earthquakes and Other Natural Disasters* PHY 1455 *Descriptive Astronomy*

Mathematics - Choose from the following courses

MTH 1301 *Ideas in Mathematics*
MTH 1308 *Pre-Calculus for Business Students*
MTH 1320 *Pre-Calculus Mathematics*
MTH 1321 *Calculus I*

**Major Notes:

PUBH Recommendations (choose 9 hours from the following courses)

PUBH 2313 *Consumer Health (spring)* PUBH 3320 *Stress Management*
PUBH 3313 OR NUTR 3314 *Consumer Nutrition* PUBH 4321 *Human Sexuality*
PUBH 3314 *Environmental Health* PUBH 4327 *Dying and Death Education*
PUBH 3317 *Mood-Modifying Substances* PUBH 4331 *Wellness Intervention & Health Promotion (fall)*

HP Recommendations (Choose 9 hours from the following courses)

HP 2304 *Advanced First Aid* HP 4368 *Motor Learning and Motor Development (spring)*
HP 2306 *Kinesiology* HP 4369 *Psychology of Coaching*
HP 2420 *Exercise Physiology* HP 4370 *Successful Coaching*
HP 3346 *Elementary School Human Performance* HP 4372 *Sociology of Sport*
HP 3368 *Adapted Human Performance (fall)* HP 4393 *Facilities and Equipment in HHPR*
HP 3381 *Fundamentals of Human Performance (fall)* HP 4396 *Religion and Sport*
HP 3382 *Risk Management in HHPR (spring)*

RLS Recommendations (Choose 9 hours from the following courses)

RLS 1396 *Introduction to Leisure Services* RLS 4301 *Outdoor Education (fall)*
RLS 2301 *Camp Counseling and Administration (fall)* RLS 4331 *Meanings, Culture, and Philosophy of Am. Landscapes*
RLS 2388 *Leisure and Lifestyle Well-being (fall)* RLS 4391 *Leisure Service Management (fall)*
RLS 2389 *Lead & Facilitation in Leisure Serv. (fall)* RLS 4393 *Facilities and Equipment*
RLS 3301 *Outdoor Adventure Activities (spring)* RLS 4395 *Principles of Church Recreation (spring)*
RLS 3302 *Prog. Planning in Leisure Services (fall)* RLS 4396 *Leisure Services for Persons w/ Disabilities (spring)*
RLS 3382 *Risk Management in HHPR (spring)*

HHPR Electives (Choose 9 hours of professional courses within the HHPR Department)

Any courses within PUBH, HP, RLS. Students should use these courses to explore other areas within the department that are not already included in the options above.

***General Elective Notes:

31-32 semester hours to be taken from any academic unit in the University excluding HHPR. Minor courses can be incorporated into Elective credits.