

## Bachelor of Science in Child and Family Studies - Pre-Occupational Therapy

*A Suggested Sequence of Required Courses (2022-2023 Catalog)*

| F r e s h m a n   Y e a r   |        |   |   |
|-----------------------------|--------|---|---|
| Fall                        |        |   | Spring  |
| _____                       | 3      | <b>CFS 1315 <i>Development of Individual and Family Relationships</i></b>   | _____ 3 <b>CFS 2357 <i>Adult Development</i></b>  |
| _____                       | 0      | CHA 1088 <i>University Chapel</i>   | _____ 0 CHA 1088 <i>University Chapel</i>   |
| _____                       | 3      | ENG 1310 <i>Writing and Academic Inquiry</i> (Research, Writing and Literature I)   | _____ 3 ENG 2310 <i>American Literary Cultures</i>                                      |
| _____                       | 1      | HSD 1104 <i>New Student Seminar in HSD</i> (NSE)  | _____ 3 HIS 1300 <i>The United States in Global Perspective</i>                         |
| _____                       | 2      | HSD 1231 <i>Design and Creative Technologies</i> (Fine Art and Performing Art)  | _____ 3 STA 1380 <i>Statistics (Formal Reasoning)</i>                                   |
| _____                       | 4      | CHE 1300 <i>Introductory Chemistry</i> and CHE 1100 <i>Introductory Chemistry Lab</i> OR<br>CHE 1301 <i>Basic Principles of Modern Chemistry I</i> and CHE 1101 <i>General Chemistry Lab I</i><br>(Scientific Method I) | _____ 3 REL 1350 <i>The Christian Heritage</i>  |
| _____                       | 3      | REL 1310 <i>The Christian Scriptures</i>  |   |
| Total:                      | 16     |   | Total: 15   |
| S o p h o m o r e   Y e a r |        |   |   |
| Fall                        |        |   | Spring  |
| _____                       | 3      | <b>CFS 2355 <i>Child Development</i></b>  | _____ 3 <b>CFS 3304 <i>Introduction to Research</i></b>                                 |
| _____                       | 4      | BIO 2401 <i>Anatomy and Physiology I</i>  | _____ 4 BIO 2402 <i>Anatomy and Physiology II</i>                                       |
| _____                       | 3      | NUTR 2351 <i>Nutrition</i> OR<br>NUTR 3314 <i>Consumer Nutrition</i> (Scientific Method I)  | _____ 3 PSC 1387 <i>The U.S. Constitution, It's Interpretation, and the Am Pol Exp.</i> |
| _____                       | 3      | SOC 1305 <i>Introduction to Sociology</i> OR<br>PSY 1305 <i>Psychological Science</i> (Contemporary Social Issues)  | _____ 3 PSY 3321 <i>Abnormal Psychology</i> (or PSY 3330 <i>Psychopathology</i> )       |
| _____                       | 3,4    | Foreign Language and Cultures   | _____ 3,4 Foreign Language and Cultures)  |
| Total:                      | 16, 17 |   | Total: 16, 17   |
| J u n i o r   Y e a r       |        |   |   |
| Fall                        |        |   | Spring  |
| _____                       | 3      | <b>CFS 3354 <i>Family Life Education</i></b> (Comm and Media Lit) (Fall only)   | _____ 3 <b>CFS 4359 <i>Parenting</i></b>  |
| _____                       | 3      | <b>CFS 3356 <i>Theories of Family Development</i></b>   | _____ 3 <b>CFS Development Course</b> ( <i>see reverse for options</i> )                |
| _____                       | 3      | <b>CFS Development Course</b> ( <i>see reverse for options</i> )  | _____ 3 CLA 3381 <i>Medical Terminology</i>   |
| _____                       | 4      | PHY 1405 <i>General Physics for B.A. Students</i> (Spring only)   | _____ 3 HP 2307 <i>Biomechanics</i> OR HP 2306 <i>Anatomical Kinesiology</i>            |
| _____                       | 3      | PWR 3300 <i>Technical Writing</i> (Research, Writing and Literature II)   | _____ 3 PSY 3341 <i>A Survey of Human Development</i>                                   |
| _____                       | 1      | Lifetime Fitness* ( <i>see note below</i> )   | _____ 1 Lifetime Fitness* ( <i>see note below</i> )                                     |
| Total:                      | 17     |   | Total: 16   |
| S e n i o r   Y e a r       |        |   |   |
| Fall                        |        |   | Spring  |
| _____                       | 3      | <b>CFS 3324 <i>Children and Families with Special Needs</i></b>   | _____ 3 <b>CFS 4358 <i>Planning and Admin. of Child and Family Programs</i></b>         |
| _____                       | 3      | <b>CFS 3350 <i>Individual and Family Financial Management</i></b>   | _____ 3 <b>CFS 4390 <i>Child and Family Studies Practicum</i></b>                       |
| _____                       | 3      | <b>CFS 4191 <i>Professional Practices in CFS</i></b> (Fall only)  | _____ 3 <b>CFS 4367 <i>Family Transitions, Stress, and Resilience</i></b> (Spring on)   |
| _____                       | 3      | NSC 1306 <i>Introduction to Neuroscience</i>  | _____ 2 General Elective  |
| _____                       | 1      | NSC 1106 <i>Introduction to Neuroscience Lab</i>  | _____ 2 Elective hours if needed to reach 124 ( <i>due to language</i> )                |
| _____                       | 3      | Professional Elective ( <i>see reverse for options</i> )  | _____ 1 Lifetime Fitness* ( <i>see note below</i> )                                     |
| Total:                      | 16     |   | Total: 14   |

***TOTAL: 124 HOURS (124-126)***

*All students must graduate with a minimum of 124 hours,  
36 of which must be at the 3000/4000 level.*

### Notes about major requirements:

A grade of "C" or better in Human Sciences and Design Courses (ADM, CFS, HSD, ID, or NUTR) and all professional electives used for the major

An approved, on-site internship is required following the completion of prerequisite courses.

The required, for-credit course, CFS 4390 (listed above), provides credit for the internship experience.

Students interested in applying to Occupational Therapy programs should review the prerequisite course requirements as each OT program will vary in their expectations.

\*Lifetime Fitness - Either PUBH 1145 or PPS 1100 may be substituted for one LF course

**updated: 5/2022 ah**

**Notes about General Requirements:**

- Please keep in mind that this is only a suggested sequence. Actual sequence will vary according to possible second major, minor, other program of study (including pre-health), and individual circumstances (ex., transfer credit, dual credit, and credit by exam).
- In order to complete your degree, you must fulfill all requirements in your major and general requirements for the Robbins College Bachelor of Science.
- To complete a double major, you may not count any courses toward both majors.
- For more specific information on general requirements, see the undergraduate catalog.
- Check your degree audit often through Bearweb to ensure that you are making timely progress toward your degree.

**Pre-Occupational Therapy - CFS Development Course Options (Choose only 2 of the following CFS Development Courses)**

CFS 3358 ***Infant & Toddler Development***

CFS 3357 ***The Preschool Child*** (Spring 2023 updates to CFS 3368 ***Theory and Principles of Play***)

CFS 4363 ***Adolescent Development***

**Professional Elective Options - Select 3 hours from the following:**

**Any additional 3000-4000 level CFS course**

CSS 3311 *Interpersonal Communication* Pre-requisite(s): CSS 1301, 1302, or 1304

CSS 4313 *Communication and The Family*

LS 3305 *Children's Literature*

LS 4320 *Young People's Literature* (Spring only)

PUBH 3325 *Maternal and Infant Health*

**PUBH 4321 *Human Sexuality***

PUBH 4327 *Dying and Death Education*

REL 3382 *Cross-Cultural Ministry*

REL 3390 *Christian Ethics*

**REL 4395 *Bioethics***

SOC 3311 *Sociology of Race and Ethnicity*

SOC 3330 *Women in Amer Society*

SOC 3355 *Eco Poverty and Discrimination*

SOC 3360 *Juvenile Delinquency*

SOC 4310 *Death and Dying* (Spring only)

SOC 4322 *Social Inequality*

**SOC 4353 *Sociology of Medicine*** (Fall only)

**SWO 4316 *Trauma, Loss and Mourning*** (Spring only)

**SWO 4316 *Trauma, Loss and Mourning*** (Spring only)

*Bolded electives are those most recommended by the Child and Family Studies program for students in the Pre-OT concentration.*